

# WHAT TO BRING LIST

## WHAT YOU SHOULD BRING:

- Bible
- Winter Gear** (Hat, gloves, snow pants, boots, warm socks)
- Sleeping Bag & Pillow
- Water Bottle
- Casual Clothes
- Typical Toiletries
- Towel
- Sled (Optional)
- Regular Medications (Please bring in original bottle)

## THESE THINGS YOU WON'T NEED:

- Cell Phones
- ipods
- Laptops, ipads, or tablets
- Extra Money
- Snacks: Snacks are included in the cost of the Retreat

*Weapons, drugs, tobacco and alcohol are prohibited on UMM property.*

**Upper Missouri Ministries**

*Sparking Faith in Christ Jesus Through Time in Creation & Christian Community*